

**In Between Reaches and Grabs. . .**  
**I am in**  
**“Full Surrender”**

Being in “Full Surrender” is great.  
It is the goal.  
It is the high mark of a spiritual life.  
It is living in enlightenment.

And then, we find out how far into this “Full Surrender” we are,  
when a big challenge jumps out in front of us.  
Alike a Halloween Witch or Goblin, but for real.  
Then what?

Do we lose our “Full Surrender” and cry out like a child with a scraped knee?  
Fret like a child who is lost in a department store? And reach for our lost mommy?  
Cry like an adult who just suffered one of life’s horrible crisis. And grab for security?  
Anger like someone who finally finds they are “out of control” when they always thought  
They were “in control”. And reach and grab for that control again or a substitute?

It is okay to be In “Full Surrender” in between the reaches and grabs.  
In time the reaches and grabs get less frequent and the surrender time longer.  
“Full Surrender” smoothes out and takes us over more bumps in life’s road.

“Full Surrender”, that’s for me, oops pardon my reach, excuse my grab.  
I’m sure more human than I realized. And that’s okay.

Send yourself a double portion of loving kindness.  
It will help you be in “Full Surrender” every day.

***Odde 13 “Full Surrender”.*** Any surrender to your Spiritual Source is beneficial.  
Copyright 2002 A constant intention is better than a huge effort.  
Philip E. Friberg Gently moving your thoughts and feelings in that direction  
rather than a big or noisy celebration.  
It’s a quiet thing between you and God.  
Surrender is often not logical and certainly does not feed the ego.  
It comes from that magical place in your heart.