

yes

Once it was asked of me to say yes

I said no

Again it was asked of me to say yes

I said I don't know

Over and Over they asked me to say yes some more

I said maybe

They persisted and pushed on me to reply affirmatively

I said I guess

They gently but firmly told me that a positive answer was required

I said yes

Then the doors opened and the way became clear

I said yes again

Then the path weaved up and through my fear

I again said yes

The path moved on throughout day and night

I giggled yess

And I abounded with fright, cause saying yes does not take away fear

I laughed yesss

And moved away from the rear of life into the forefront of my destiny

I say yess

I still have fear

I say yes yes yesss

Bit by bit I move through the fear and claim my turf

I am yes. I am Heart in motion. Un huh. Yup. Yesssssss.

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